HOME SCIENCE GRADE 10
MID TERM 2 EXAM 2026
TIME: 2 HOURS

NAME…….ADM NO……

DATE……SIGN……

INSTRUCTIONS

1. Answer ALL questions
2. This paper consists of TWO sections: Section A and Section B
3. Section A carries 40 marks and Section B carries 60 marks
4. Show all your working where necessary

SECTION A (40 MARKS)

Answer ALL questions in this section.

1.List FOUR functions of proteins in the human body. (4 marks)

2.State FIVE safety hazards that may be found in the kitchen. (5 marks)

3.Define the following terms:(4marks)

a) Nutrition