THE KENYA NATIONAL EXAMINATIONS COUNCIL

Physical Education
School Based Assessment
Grade 10
Sample paper 2026

Name: _____ **Assessment No.:** _____

School Name: _____

Instructions

1. The school-based assessment is to be undertaken by ALL Grade 10 learners taking Physical Education.
2. The assessment is to be administered in a natural environment while observing safety.
3. The assessment comprises 5 tasks. Learners are required to attempt ALL the three tasks.
4 Teachers will be required to score the learners against each task using the scoring guides provided and record the scores in the school summary score sheet

Total Marks: 50

FOR ASSESSORS USE ONLY	
	Performance Level
Task 1	
Task 2	
Task 3	
Task 4	
Task 5	

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