# THE KENYA NATIONAL EXAMINATIONS COUNCIL

## School Based Assessment
## Physical Education
## Grade 10

**SCORING GUIDE TO 2026 SAMPLE PAPER**

**Instruction to teachers**

a) You are required to score all the learner's tasks using the provided scoring guide.
b) Determine each learner's performance level using the reporting rubric provided.
c) Record learner's performance levels in the school summary assessment.

**Task 1: Preparation of a schedule of activities to be performed while at the camping site.** **(5 marks)**

The schedule should include the following:

- participants' arrive time at the campsite.
- briefing on camping rules and safety procedures.
- arranging camping and other activities equipment, materials and tools.
- exploration of the environment to create awareness on safety.
- list of warm up activities to be performed in preparation for middle distance racing activities.

**2x1=2 marks**

While undertaking this activity, the teacher observed that some groups did not prepare an elaborate schedule of activities.

Ask learners to discuss **three** implications for not preparing an elaborate schedule of activities.

**Implications for not preparing an elaborate schedule of activities.**

i. Risk of wasting time
ii. Risk of injuries
iii. Minimal member participation
iv. Wastage of resources **3 x 1 = 3 marks**

**Task 2: Setting up the camping site within the school compound.**

- choice of big, open and free space for performing the activities.
- clearing the space of any debris, litter, and obstacles.
- selecting necessary materials, tools, and equipment for camping activities.
- moving the materials, tools, and equipment required for the activities.
- arranging the materials, tools, and equipment according to time of use.

**5 x 2=10 marks**

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