GRADE 10 SPORTS AND RECREATION RECORDS OF WORK TERM 2

Week 1 Header

TERM	WEEK	DATES	MON	TUE	WED	THU	FRI
2	1						

Week 1 Main Records of Work

SUBJECT & GRADE	DAY	PERIOD	STRAND & WORK COVERED	REFERENCE / MAIN BOOK AND ITS PAGES	REMARKS
Grade 10 Sports and Recreation	Monday	1	2.0 Coaching - 2.2 Facilities and Equipment in Sports and Recreation: Identify facilities used in games and athletics. What facilities are needed for different sports activities? Learners brainstorm facilities used in athletics and games.	Sports field, charts, ICT devices.	Oral questions, observation.
Grade 10 Sports and Recreation	Tuesday	2	2.0 Coaching - 2.2 Facilities and Equipment in Sports and Recreation: Describe equipment used in games and athletics. Why is appropriate equipment important in sports? Learners examine different sports equipment.	Sports equipment, balls, rackets.	Practical assessment.
Grade 10 Sports and Recreation	Wednesday	3	2.0 Coaching - 2.2 Facilities and Equipment in Sports and Recreation: Classify sports facilities used in school. How do sports facilities support training? Group discussion on indoor and outdoor facilities.	Charts, pictures, ICT.	Observation.
Grade 10 Sports and Recreation	Thursday	4	2.0 Coaching - 2.2 Facilities and Equipment in Sports and Recreation: Explain safety considerations when using sports equipment. How can learners use sports equipment safely? Teacher demonstration on safe use of equipment.	Sports equipment.	Observation.
Grade 10 Sports and Recreation	Friday	5	2.0 Coaching - 2.2 Facilities and Equipment in Sports and Recreation: Evaluate the suitability of sports facilities in school. Are our school sports facilities adequate? Learners inspect school sports facilities.	School field, checklist.	Group discussion.

Week 1 Footer Table