GRADE 10 SPORTS AND RECREATION TERM 3 RECORDS OF WORK – MTP

Week 1

TERM	WEEK	DATES	MON	TUE	WED	THU	FRI
3	1						

SUBJECT & GRADE	DAY	PERIOD	STRAND & WORK COVERED	REFERENCE / MAIN BOOK AND ITS PAGES	REMARKS
Grade 10 Sport and Recreation			**Coaching - Formations in Game 1 (Football Formations: Analysis & Demonstration):** Described 4-4-2 and 4-3-3 formations; analysed player roles and tactical balance between attack and defence; demonstrated field positioning and passing movements while maintaining team shape. Assessed via observation, oral questions, and written assignments.	MTP Sports and Recreation Learner's Book, pg 75	
Grade 10 Sport and Recreation			**Coaching - Formations in Game 1 (Performing Football Formations in a Mini Game):** Executed 4-4-2 and 4-3-3 formations during conditioned mini-games; evaluated tactical effectiveness and formation discipline; switched tactical setups safely. Assessed via observation and practical assessment.	MTP Sports and Recreation Learner's Book, pg 77	
Grade 10 Sport and Recreation			**Coaching - Formations in Game 1 (Basketball Formations: Analysis & Demonstration):** Examined the 4-Out-1-In offensive alignment and 3-2 Zone Defence; executed ball	MTP Sports and Recreation Learner's Book, pg 78	