THE KENYA NATIONAL EXAMINATIONS COUNCIL

SPORTS AND RECREATION
School-Based Assessment -Written Assessment
Grade 10
2026

Time: 1 Hour 30 Min

Name: _____ **Assessment No.:** _____

School: _____**Signature:** _____

Instructions

1. This School-Based Assessment is to be undertaken by Grade 10 learners taking Sports and Recreation.
2. The assessment comprises TWO sections. Section A and B
3. The learner should attempt all the questions in both sections

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For Teacher's Use Only		
Tasks	**Max. Score**	**Learner's score**
Questions 1-12	12	
Question13	3	
Question14	2	
Question 15	6	
Question16	2	
Question 17	3	
Question 18	8	
Question 19	4	
Total	**40**	

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