Sub-strand 3.2: Laundry: Loose Coloured Items

Question Number	Question	Answer	Explanation
1	What is the first crucial step when laundering a loose coloured article?	**C) Sorting**	The first crucial step is **sorting** the laundry. This is essential to separate **loose coloured items** (those that might bleed dye) from white or lighter-coloured clothes, preventing colour transfer and staining.
2	A loose coloured article is an item that:	**B) Has colours that are likely to bleed or run.**	A **loose coloured article** refers to an item of clothing with dyes that are not firmly set in the fabric. This means the colours are **likely to bleed or run** into the wash water, which can stain other clothes washed with it.
3	The washing technique kneading and squeezing is often used for delicate items because it:	**B) Provides a gentle action that prevents damage.**	The **kneading and squeezing** technique is a gentle hand-washing method. It works by gently pushing water and detergent through the fabric, releasing dirt without the harsh agitation of a machine, thereby **preventing damage** to delicate materials.
4	Why is sorting loose coloured items important before washing?	**B) To prevent color bleeding onto other clothes.**	**Sorting** is a critical step in laundry, especially for **loose coloured items**. These items can release dye during the wash cycle, and by separating them from other clothes, you **prevent the colour from bleeding** and staining other garments.
5	Health promotion in the context of laundry relates to:	**B) Maintaining hygiene through clean clothing.**	**Health promotion** through laundry means ensuring clothes are free from dirt, germs, and bacteria. By consistently laundering our clothes, we **maintain hygiene**, which is crucial for preventing skin irritations and illnesses.
6	After washing, the next important step in laundering is:	**B) Drying**	After the washing and rinsing cycle, the immediate next step is **drying**. This removes excess moisture from the clothes, preparing them for the final stages of finishing.