# Strand 1 INTRODUCTION TO CRE

## The meaning of studying CRE

- CRE involves the study of religious beliefs and practices of Christians.
- Christian Religious Education is a subject that deals with God and how he reveals Himself to human beings.
- It is the study of how human beings depend on God and how God intervenes to save human beings.
- CRE is a subject studied in Kenyan schools to develop the mind, behaviour and character of the learners.
- It is also a subject that shows God's relationship with man.

## Importance of studying CRE

**Studying CRE is important because:**

1. It makes one understand that God the Father, the Son and the Holy Spirit operate as one.
2. It helps one dispute knowledge and attitude s to make the right decisions in life.
3. Enables one think critically and make moral decisions on challenges affecting one's life and the society
4. One becomes exposed to cultural heritage, enhancing national unity through respect for each community.
5. One develops as a whole person, body, soul and spirit
6. One becomes courageous in the study of creation one is empowered to utilize the ability to control God's creation
7. It helps you relate with each other well through care and hospitality
8. The moral values you acquire helps you to take care of the environment
9. One acquires respect for oneself and hence living a productive life
10. One acquires the principle of sharing and social justice, enabling them to coexist with others
11. One acquires the skills that enable him or her promote economic development
12. It enables one to acquire ICT skills as they search for more knowledge
13. One develops communication skills through discussion and debate with other learners.

**NB**

- It provides answers to life mysteries e.g. the question of life after death, the origin of mankind, etc.
- It enables students to develop vivid awareness of God and how God reveals himself.
- It is a career subject, whose learners major in Law and theological training.