		negative coping mechanisms.	drugs as a **negative coping mechanism** instead of finding healthy solutions.
6.	During a class discussion, a student shared an experience of someone whose life was ruined by drug abuse. This highlighted the negative effects on:	B) The individual's health, relationships, and future.	Substance abuse has a devastating impact on a person's life. It causes severe damage to physical and mental **health**, strains and destroys **relationships**, and limits a person's potential for a successful **future**.
7.	1 Corinthians 3:17 states, "If anyone destroys God's temple, God will destroy that person; for God's temple is sacred, and you together are that temple." This verse, in the context of substance abuse, teaches that:	B) Our bodies are temples of the Holy Spirit and should be cared for.	This passage presents a profound Christian teaching: our bodies are not our own but are sacred, belonging to the Holy Spirit. Therefore, we have a responsibility to care for them and not intentionally damage them through substance abuse.
8.	Ephesians 5:18 warns, "Do not get drunk on wine, which leads to debauchery; instead, be filled with the Spirit." This biblical teaching emphasizes:	B) Avoiding intoxication and seeking spiritual fulfillment.	The verse provides a clear contrast. It tells believers to not get drunk, as it leads to reckless behavior (**debauchery**). Instead, it instructs them to find their joy and fulfillment in being **filled with the Holy Spirit**, not in alcohol.
9.	Which of the following is a life skill needed to stay free from alcohol, drug, and substance abuse?	B) Self-control, assertiveness, and critical thinking.	These are essential **life skills**. **Self-control** allows a person to resist impulses. **Assertiveness** enables them to say "no" to peer pressure, and **critical thinking** helps them evaluate the consequences of their choices.
10.	A Christian youth writing a journal on ways to avoid substance abuse primarily aims to:	B) Reflect on personal strategies and commit to a responsible lifestyle.	Journaling is a tool for self-reflection and personal commitment. By writing about ways to avoid abuse, the youth is actively thinking through their strategies and making a personal vow to live a **responsible lifestyle**.
11.	What is a common effect of alcohol, drug, and substance abuse on the family?	B) Financial strain, broken trust, emotional distress, and domestic violence.	Substance abuse is destructive to family life. It often leads to **financial strain** as money is used for drugs, destroys **trust**, causes deep **emotional distress**, and can be a major cause of **domestic violence**.