JUNIOR SCHOOL

GRADE 7 CREATIVE ART AND SPORTS

SUMMARY OF STRANDS AND SUB STRANDS TO BE COVERED

STRAND	Sub Strand
1.0 : **FOUNDATIONS OF CREATIVE ARTS AND SPORTS**	1.1. Introduction to Creative Arts and Sports
	1.2. Components of Creative Arts and Sports
2.0 : CREATING AND PERFORMING IN CREATIVE ARTS AND SPORTS	2.1 Drawing and Painting
	2.2. Rhythm
	2.3 Javelin and Sculpture
	2.4. Melody
	2.5 Handball
	2.6. Descant Recorder
	2.7 Storytelling and Animation
	2.8 Football
	2.9 Kenyan Folk song
	2.10 Indigenous Kenyan Craft - Bead work
OPTIONAL ***(Do One)*** **Either** Swimming **Or** Kenyan Indigenous Games	2.11.1 Swimming (Optional)
	2.11.2 Kenyan Indigenous Games (Optional)
3.0 : APPRECIATION IN CREATIVE ARTS AND SPORTS	3.1 Analysis of Creative Arts and Sports