CREATIVE ARTS AND SPORTS PAPER 2

TASK 1: PERFORMING ARTS

Performance Activity (10 marks)

Using a descant recorder:

a) Play the notes of the G Major scale in ascending order. G A B C D E F# G

b) Sight-read and play the following piece of music.



You are required to:

1. Observe the factors to consider when interpreting a piece of music.
2. Key Signature, Time signature and note values.
3. Apply all the techniques of playing a recorder appropriately. Fingering, blowing, embouchure and pinching techniques.

TASK 2: SPORTS

Demonstrating passes in Handball (10 marks)

You are required to perform the passes in Handball using the steps given.

Equipment:

i. Handballs (1 for every 4 learners)
ii. Cones (10-15)
iii. Bibs
iv. Whistle

Steps:

i. Do dynamic stretches (arm circles, lunges, high knees, etc.)
ii. Learners stand 5 meters apart and practice basic chest passes for 3 minutes.

Jump pass:

i. Jump off one foot.
ii. Release the ball at the highest point.
iii. Aim for a teammate's chest or shoulder area.

Flick Pass:

i. Use wrist movement to flick the ball.
ii. Keep the pass fast and accurate.

Side Pass:

i. Keep the ball close to the body before passing.
ii. Step towards the target while releasing the ball.

TASK 3: VISUAL ARTS

Drawing and painting a colour wheel (10 marks)

You are required to:

1. Draw a large circle and divide it into 12 equal sections.