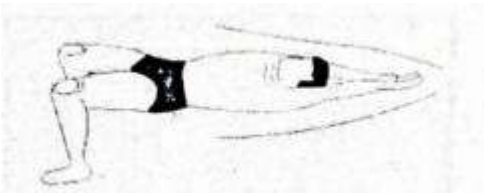
16. The following is a picture of an inverted breaststroke in Swimming.



How is the inverted breaststroke used in lifesaving?

A. Towing a victim with minimal water splashing.

B. Maintaining a clear view of the victim while swimming.

C. Saving energy during prolonged rescues.

D. Avoiding injury by keeping the rescuer's head above water.

17. Why is water treading skill important in Swimming?

A. Allows the swimmer to stay afloat without using excessive energy.

B. Helps in maintaining balance and stability in deep water.

C. Enables a swimmer to rest without leaving the water.

D. Improves the swimmer's speed in the water.

18. Which of the following is not a common technique used in Football to control the ball?

A. Dribbling B. Passing C. Performing a somersault D. Heading

19. Which type of artwork is commonly seen in Football stadiums or on merchandise to promote teams or events?

A. Abstract paintings B. Graffiti C. Posters and team logos D. Classical sculptures

20. What is the term used to describe when a player scores three goals in a single Football match?

A. Hat-trick B. Double C. Brace D. Triple Threat

PART 3: VISUAL ARTS

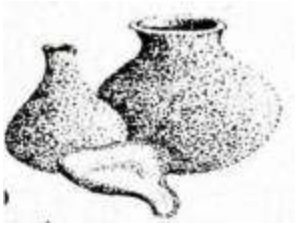
21. Study the picture below, it contains items used in drawing.



What is the main tool used in drawing?

A. Paintbrush B. Pencil C. Chisel D. Needle

22. The picture below shows a technique used in drawing.



Which of the following is a shading technique in drawing?

A. Stippling B. Dyeing C. Coiling D. Knotting

23. What is the purpose of a sketch in drawing?