GRADE ONE

COMPETENCE BASED CURRICULUM

HYGIENE AND NUTRITION ACTIVITIES

TERM 3 OPENER EXAMS 2019

NAME	
SCHOOL	
GRADE	

1. We use a _____ to wipe our bodies. (handkerchief, towel ,hand)
2. Dirty feet keep _____ (ticks, jiggers animals.)
3. We hear with our _____ (eyes nose, ears)
4. We sleep in the _____ (sitting , bedroom, kitchen)
5. Blood is _____in colour. (blue, red, white)

Draw 3 things used to clean our bodies

6. Soap

7. bucket

8. towel

9. Food we eat in the morning is called _____(supper, breakfast, lunch)

10. Germs cause _____(food, diseases)

11. We have _____senses (10, 5, 6)

12. Ripe bananas smell _____(bad, good ,bitter)

13. Leaves are _____in colour. (blue, red, green)

14. We visit the hospital when we are _____ (healthy, sick, happy)

15. This is a _____