COMPETENCY BASED CURRICULUM

GRADE 1 – HYGIENE AND NUTRITION ACTIVITIES

NAME: ..... **SCHOOL** .....

1. We use_____ to cook tea **(milk, maize)**
2. Cows gives us ____ (milk, millet)
3. We always brush our teeth ____ meals **(Before, After)**
4. We buy meat from _____ **(market, butchery)**
5. We should not play with _____ **(knives, toys)**
6. Sick people go to _____**(hospitals, market)**
7. We take _____ to feel better when sick **(alcohol, medicine)**
8. Teeth that are removed are called_____ **(milk teeth, permanent teeth)**
9. _____ is used to clean our nose **(handkerchief, tissue)**

Name pictures below

10. _____ 

11.  _____

12.  _____

13.  _____

14. 

_____

Name the fruits in your locality

15. _____
16. _____