COMPETENCE BASED ASSESMENT

GRADE 3 YEAR 2020

(MONITORING LEARNERS PROGRESS)

HYGIENE AND NUTRITION ACTIVITIES TIME: _____

NAME: .....

LEARNER UPI: | | | | | | | GENDER: ☐ BOY ☐ GIRL

No. of questions correct			
Performance level			

SCHOOL NAME .....

.....

ANSWER ALL QUESTIONS IN THE SPACES PROVIDED

1. We should brush our teeth after every _____ **(tea, meal)**
2. Taking sweet can make our teeth to? _____**(decay, smell good)**
3. _____ is a healthy habit?

   (urinating in bed, eating balance diet)
4. We should visit the dentist when we have a problem with our? _____

   (eyes, teeth)
5. We sleep at night in order to _____**(dream, rest)**
6. We take medicine when we are? _____**(healthy, sick)**
7. How many meals do we take in a day? _____**(2, 3)**
8. We go to the hospital when we are _____**(hungry, sick)**

Name the following parts of the body

9.  _____

10.  _____

11.  _____

(ear, teeth, leg)

12. Wounds found in the mouth are called? _____**(mouth sores, wounds)**
13. Name the item below



_____

14. We use _____ to clean our house.

(duster, broom)

15. What type of dirt will be on a plate that had chicken soup?_____

(oily stain, starchy stain)