HYGIENE AND NUTRITION

GRADE 1

SCHOOL _____

NAME _____

Assessment rubric

4. Exceeding expectation (25)	3.Meeting expectation(12-24)	2. Approaching expectation (6-11)	1.Below expectation (0-5)

1. Name three fruits that are eaten in your locality
   a) _____
   b) _____
   c) _____
2. We should wash our hands _____ visiting the toilet.
3. Write down the taste of the following food
   a) Sugarcane - _____
   b) Mango - _____
   c) Banana - _____
   d) Lemon - _____
4. Name three things that helps to keep our bodies healthy and strong
   a) _____
   b) _____
   c) _____
5. When we are sick we take _____(food,water,medicine)

6. Match the materials with the parts of the body they clean

a) Pumice stone - _____

b) Nailcutter - _____

c) Earbuds - _____

d) Toothbrush - _____

e) Handkerchief - _____

7. We drink water when we are _____ (thirsty,hungry,tired)

8.Name three accidents common at home

a) _____