HYGIENE AND NUTRITION

1. List any 3 utensils found in the kitchen
   a. _____
   b. _____
   c. _____
2. We get _____from a cow (eggs, milk)
3. Name two healthy foods
   a. _____
   b. _____
4. Write five foods we eat during the breakfast
   a. _____
   b. _____
   c. _____
   d. _____
   e. _____
5. Draw the following personal items
   a. Towel

   b. Socks Handkerchief

6. How many meals do we take in a day ____(4,3)
7. In which room do you spend most of your time?_____
8. We swallow medicine using _____(food, water)
9. _____treats our teeth. (dentist, optician)