DOUBLE MERIT INTERNAL EVALUATION

COMPETENCY BASED CURRICULUM ASSESSMENT

Grade ONE -YEAR 2020 **HYGIENE AND NUTRITION**

SN:T101

NAME: ..... SCHOOL: .....

1. Cleaning different parts of our body is called _____.
(bad habit, personal hygiene)

2. **Draw, name and colour 5 items used for cleaning our body. (10mks)**

3. **To clean our teeth we need. (3mks)**

_____

_____

_____

4. We can use a chewed stick in place of _____.

Fill in with the correct answer. (4mks)

5. I eat food so as to stay _____.

6. We eat food to get _____ to work.

7. We eat food daily so as to _____ healthy.

8. Eating food everyday prevents _____.

energy, grow, healthy, illness

9. **Tick good behaviour during meal time. (5mks)**

Licking fingers	
Serving enough food	
Chew food with mouth closed	
Eating food too fast	
Clear the table after meals	

10. **Name two fruits according to colour.**

Green	Yellow	Red
1.	1.	1.
2.	2.	2.