DISTINCTION SCHOOL BASED ASSESSMENT TEST

COMPETENCE BASED CURRICULUM

GRADE ONE - 2019

1 PREMIER

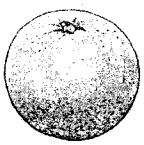
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HYGIENE & NUTRITION ACTIVITIES

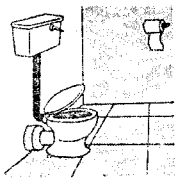
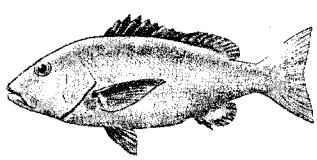
Name _____ School _____

1. We eat food to stay _____ **(sick, healthy, weak)**
2. A cow gives us _____ **(eggs, milk, fruits)**
3. We should eat _____ food. **(bad, clean, dirty)**

Name these fruits

4.  _____
5.  _____
6.  _____
7.  _____

(orange, apple, mango, banana)

8. _____ gives us honey. **(Hens, Bees, Goats)**
9. We eat _____ of maize. **(leaves, roots, seeds)**
10. Before eating my hands should be _____ **(dirty, clean, untidy)**
11. Germs make us _____ **(sick, healthy, strong)**
12. We should bathe using _____ water. **(dirty, bad, clean)**
13.  This is a _____ **(toilet, kitchen, latrine)**
14. _____ use urinals. **(Girls, Women, Boys)**
15. I use clean water and _____ to bathe. **(soap, soil, grass)**
16. Exercise make us _____ **(sick, weak, healthy)**
17. A dirty child smells _____ **(good, nice, bad)**
18. We should pass waste in _____ **(bush, toilet, classroom)**
19. Drinking water should be _____ **(boiled, dirty, bad)**
20. A sick person is _____ **(strong, unhealthy, healthy)**
21. Yams is a _____ food **(bad, healthy, harmful)**
22. 

This food is a _____ **(fish, hen, cow)**