DISTINCTION SCHOOL BASED ASSESSMENT TEST

COMPETENCE BASED CURRICULUM

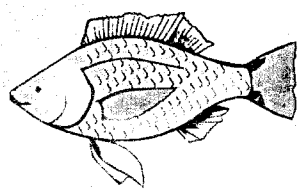
GRADE ONE - 2019

1 PREMIER

006

HYGIENE & NUTRITION ACTIVITIES

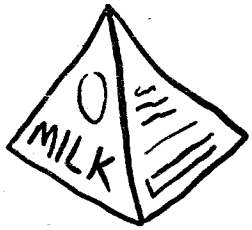
Name _____ School _____

1. Always _____ fruits before eating. **(cook, wash, boil)**
2. Food makes us _____ **(sick, strong, weak)**
3. 

Fish gives us _____ **(eggs, milk, meat)**

4. We eat the _____ of sugarcane. **(leaves, roots, stem)**
5. We should drink _____ water. **(dirty, clean, bad)**
6. Toilets should be kept _____ **(dirty, clean, untidy)**

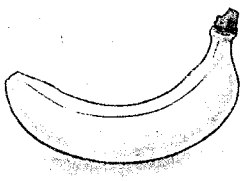
Name the foods we eat

7. 

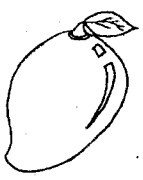
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8. 

_____

9. 

_____

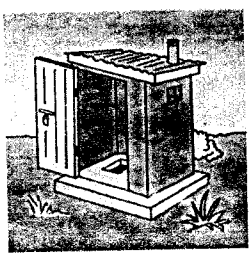
10. 

_____

(Banana, Milk, Mango, Bread)

11. Porridge is a _____ food. **(healthy, bad, harmful)**
12. A ripe banana smells _____ **(good, bad, bitter)**
13. We should brush our teeth _____ **(everyday, once a week, once a month)**
14. 

The boy is washing his _____ **(legs, hands, knee)**

15. Germs make us _____ **(sick, strong, healthy)**
16. Urinals are used by _____ **(women, girls, boys)**
17. Handkerchiefs should be kept _____ **(dirty, clean, untidy)**
18. Personal items should not be _____ **(shared, used, cleaned)**
19. 

This is a pit _____ **(urinal, toilet, latrine)**

20. Drinking water should be _____ **(boiled, cold, hot)**