TERM 1 2022

NAME _____ **DATE**_____

SERIES 01/2022

Strand/Sub strand	Questions	Total marks	Score	Performance Level
Healthy Practices	1-7	16		
Personal Hygiene	8-9	11		
Foods	10-12	13		
Safety Education	13	4		
TOTAL		44		

PERFORMANCE LEVEL GUIDELINES

Strand 1

13-16 scores = level 4

9-12 scores = level 3

5-8 scores = level 2

0-4 score= level 1

Strand 2

8-11 scores = level 4

5-7 scores = level 3

3-4 scores = level 2

0-2 score = level 1

Strand 3

8-13 scores = level 4

5-7 scores = level 3

3-4 scores = level 2

0-2 score = level 1

Strand 2

4 scores = level 4

3 scores = level 3

2 scores = level 2

0-1 score = level 1

1. **Why do we brush our teeth's every day? (2 marks)**

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2. **Name two healthy things that you do daily when you wake up (2 marks)**

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3. **State the reason why we take breakfast (1 mark)**