PRECIOUS STAR EXAM SERIES

PSE

002

COMPETENCY BASED CURRICULUM
GRADE ONE - YEAR 2021
INTERGRATED LEARNING AREAS

{1}

NAME:_____ SCHOOL:_____ DATE:_____

HYGIENE AND NUTRITION

1. Which one is a healthy habbit _____
(washing hands, drinking dirty water)

2. Too much salt in food is _____ for health.
(bad, good)

3. The first teeth to grow are _____
(milk teeth, permanent)

4. Germs are found in _____ places.
(open, dirty, hot)

Draw materials used to clean the body.

5. pumice stone

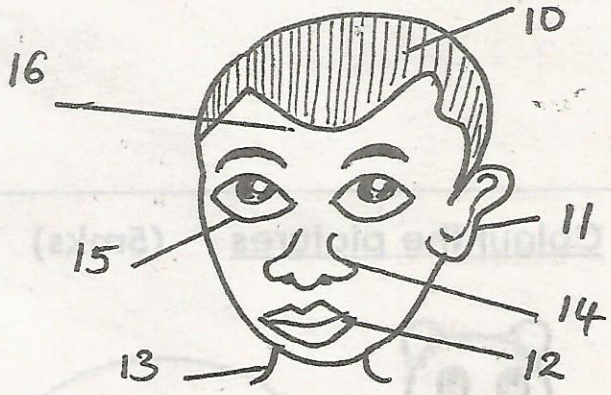
6. face towel

7. toothbrush

8. comb

9. Urinals are used by boys _____
(true, false, no)

Name the parts of the head



10. _____ 11. _____

12. _____ 13. _____

14. _____ 15. _____

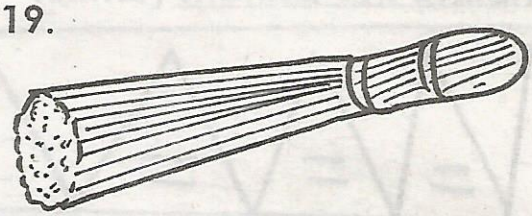
16. _____

17. We bite food using the _____
(gums, teeth, mouth)

18. The part between the head and the shoulders is called _____
(neck, chest, toe)

Name the item

19.



_____

20. We should wash our bodies _____
(once a week, yearly, daily)