MOVEMENT ACTIVITIES
TERM 1 2022

NAME _____ **DATE**_____

Strand/Sub strand	Questions	Total marks	Score	Performance Level
Basic locomotor skills	**1, 2**	**10**		
Cognitive + psychomotor	**3**	**20**		
TOTAL		**30**		

PERFORMANCE LEVEL GUIDELINES

Strand 1

9-10 scores = level 4

5-8 scores = level 3

3-4 scores = level 2

0-2 score = level 1

Strand 2

17-20 scores = level 4

13-16 scores = level 3

9-12 scores = level 2

1. **Name two animals that move by hoping? (4 marks)**

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2. **Draw and colour one animal that move by hoping. (6 marks)**