COMPETENCE BASED ASSESMENT

GRADE 3 YEAR 2020

(MONITORING LEARNERS PROGRESS)

MOVEMENT ACTIVITIES TIME: _____

NAME: .....

LEARNER UPI: | | | | | | | GENDER: | | BOY | | GIRL

No. of questions correct			
Performance level			

SCHOOL NAME .....

.....

1. We wear _____uniform when playing. **(sports, school)**
2. We skip using a _____ **(rope, log)**

   Name 3 body parts involved in skipping
3. _____
4. _____
5. _____
6. What shape can you make while skipping? _____
7. _____ is a locomotor movement in which there is a combination of a step and a leap. **(leaping, Galloping)**
8. Draw yourself skipping in a circle
9. We use our _____ to record video of our movement activities. **(radio, tablets)**

Study the picture below and answer questions that follow



10. What is the name of the animal

    _____
11. What skill does the animal demonstrate?

    _____

    (leaping, galloping)
12. When do people use the skill?