COMPETENCY BASED CURRICULUM
GRADE 4 -YEAR 2020
HOMESCIENCE AND
PHYSICAL HEALTH EDUCATION

STEP FLYER 002

4

Name _____

Learners Number ☐☐☐☐☐

Gender Boy ☐ Girl ☐

County Name _____ County code ☐☐☐

Sub -County Name _____ Sub-county code ☐☐☐☐

School Name _____ School code ☐☐☐☐

1. Name **two** needs of a child for healthy development.
   (a) _____
   (b) _____

2. List down any **three** types of food cooked at home.
   (a) _____
   (b) _____
   (c) _____

3. How can one take care during play?
   (a) _____
   (b) _____
   (c) _____

4. How is the ball supposed to be taken care of?
   _____

5. Name **two** games played at home?
   (a) _____
   (b) _____

6. What causes illness?
   _____

7. When buying items used to cook at home in the supermarket one is required to have a _____ to guide him.

8. We need _____ and _____ to clean our homes.

9. How can you tell that your deskmate is unwell?
   _____

10. To prevent illness, a person should
    _____

11. Name **two** importances of having a shopping list as a consumer?
    (a) _____
    (b) _____