MENTOR ASSESSMENT EXAM - 2019

COMPETENCE BASED CURRICULUM

HYGIENE & NUTRITION ACTIVITIES

GRADE 2

Name:_____ **School:**_____ **Date:**_____

1. This is a _____.



2. Name two harmful substances that people smoke.

a). _____

b)._____

3. Second hand smoke is the smoke from _____.

(a smoker, charcoal)

4. Write three things that can make you know a person who smokes.

a). _____

b). _____

c). _____

5. It is _____ to smoke. **(good, bad)**

6. Smoking makes us _____.

(unhealthy, healthy)

7. Draw a sign to show NO SMOKING.

(3 marks)

8. We should visit a dentist at least _____ a year. **(once, twice)**

9. Write **true** or **false**.

a) Biting a nail is a bad oral habit._____

b) Sucking a finger is a good oral habit._____

c) Chewing a pencil is a bad oral habit.

_____

d) Staying in a clean place is good for our health. _____.

10. We use _____ language to ask people not to smoke.

(Kiswahili, polite)

11. A person who has been smoking smells _____. **(good, bad)**

12. Name two crop grown in the kitchen garden.

a). _____

b.) _____

13. Draw, colour and name two utensils at home. (6 marks)

_____

_____