HYGIENE AND NUTRITION - CBC GRADE 2 TERM 2 EXAMS 2023

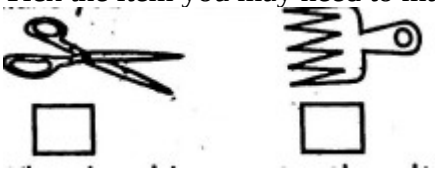
QUESTIONS

1. A___ is a personal item (toothpaste, towel, textbook)
2. We can clean a___ using warm salty water. (toothbrush, hairbrush, handkerchief)
3. Personal items should not be shared so that we don't spread or get___ (them, germs, clean)
4. Study the items below.



The items above can be used to clean our (tongue, hair, shoes)

5. Tick the item you may need to make you hair neat.



6. When brushing our teeth, salt can be used instead of___(a toothbrush, water, toothpaste)

Match the given foods to their tastes.

7. Salt sweet
8. Lemon bitter
9. Honey salty
10. Ginger sour
11. We eat the seeds of___(sugarcane, cabbages, maize)
12. ___of sukumawiki are eaten as food. (Stems, Fruits, Leaves)
13. ___can be eaten as a snack. (Potatoes, Popcorns, Porridge)
14. Eating snacks between meals makes us___ (weak, healthy, sleep)
15. For good health, we should take___meals a day. (four, two, three)
16. It is good to eat___food. (more, enough, little)
17. Breakfast is the food eaten in the___ (morning, afternoon, evening)
18. When we eat too much, food we can___ (faint, vomit, cough)
19. Dental floss can be used to clean between our___ (eyes, teeth, ears)