COMPETENCY BASED CURRICULUM

GRADE 3 - TERM 1 EXAM 2023 – HYGIENE AND NUTRITION ACTIVITIES

NAME:.....

SCHOOL.....

Name 3 parts of a plant that we eat as food

1. _____
2. _____
3. _____
4. A cow gives us_____(pork, mutton, milk)
5. We eat_____meals in a day (1, 3, 2)
6. The first help we give to an injured person is called_____(help, pricks, first aid)
7. Wounds are covered with a _____(paper, bandage, tissue)
8. The classroom dustbin should be emptied_____(every day, never, weekly)
9. We kill germs in water by _____ (filtering, cooling, boiling)
10. The first teeth to grow are called _____(first teeth, good teeth, milk teeth)

Write 3 things we should not share

11. _____
12. _____
13. _____
14. I use_____to cut my finger nails (teeth, knife, nail cutter)
15. An_____can be eaten raw (apple, beans, spinach)
16. A_____treats our teeth. (optician, nurse, dentist)
17. Contaminated water can make us____(healthy, cry, sick)
18. The main source of water is _____ (tank, tap, rain)

Name three main meals we eat in a day (lunch, snacks, breakfast, chips, super, soda)

19. _____
20. _____
21. _____
22. Green or red pepper tastes _____ (sour, sweet, bitter)