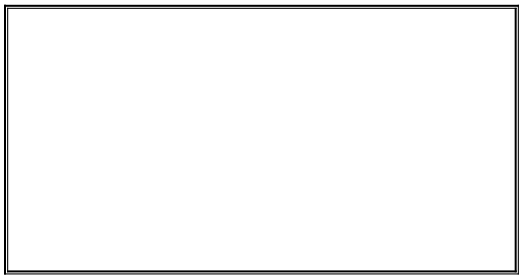
HYGIENE AND NUTRITION ACTIVITIES - GRADE 3 END TERM 1 EXAM 2023

ANSWER ALL QUESTIONS IN THE SPACES PROVIDED

1. We go to the hospital when we are _____(hungry, sick)
2. Wounds found in the mouth are called?_____(mouth sores, wounds)

3. We use _____ to clean our house. (duster, broom)
4. What type of dirt will be on a plate that had chicken soup? _____ (oily stain, starchy stain)
5. We should brush our teeth after every _____ (tea, meal)
6. Taking sweet can make our teeth to? _____(decay, smell good)
7. _____ is a healthy habit?(urinating in bed, eating balance diet)
8. We should visit the dentist when we have a problem with our?(eyes, teeth)
9. We sleep at night in order to _____(dream, rest)
10. We take medicine when we are?_____(healthy, sick)
11. How many meals do we take in a day?_____(2, 3)
12. Draw a picture of yourself cleaning a plate with an improvised material.



13. We should keep medicine a way from_____(insects, children)
14. We keep our body fit by ____(Exercising, eating)
15. We can get diseases if we drink _____water.(dirty, clean)
16. We do not get _____ when we drink safe water. (thirsty, illness)
17. We can improvise _____to make toothbrush. (plastic, stick)

MARKING SCHEME