HYGIENE AND NUTRITION ACTIVITIES GRADE 3 END TERM 1 2023

1. We get water from a _____
2. Hard _____ makes your teeth to be strong
3. Wastes collected from the classroom should be thrown into the_____

   (dustbin, water)
4. The doctor who treats our teeth is called?

   _____(Dentist, Nurse)
5. Which one is a healthy habit?

   (eating healthy food, sucking your finger)
6. _____ spoils our teeth.

   (sweets, milk)
7. **Draw three things found in our sitting room.**

(a)	(b)	(c)

8. Utensils are found in the **(bed, kitchen)**
9. Smoking is _____ four our health.
10. We must drink _____ and boiled water.
11. The first teeth that grow are called _____
12. Too much sugar is _____ to our health.
13. We should brush our teeth _____ a day.