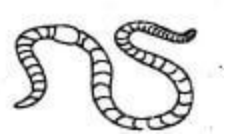
HYGIENE AND NUTRITION ACTIVITIES - CBC GRADE 3 END TERM 2 EXAMS 2023

1. Healthy habits prevent .....
   (diseases, enemies, strangers)
2. After removing a loose tooth, we gurgle.....water
   (soapy, salty, sugary)
3. We wash our hands to remove .....
   (water, germs, nails)
4. Study the picture below.

   The parasite above is called a .....
   (tick, tapeworm, snake)
5. .....are internal parasites.
   (Worms, Lice, Jiggers)
6. Drinking a lot of water before going to bed can cause .....
   (dreams, nightmares, bed wetting)
7. Sometimes, dreams can cause bed wetting.
   True or false? .....
8. After wetting the bed, one is likely to feel .....
   (hungry, proud, ashamed)
9. Oral hygiene means the cleanliness of the .....
   (mouth, body, clothes)
10. We should not ..... when eating.
    (talk, chew, swallow)
11. Before eating food, we should wash our .....
    (utensils, hands, uniforms)
12. We eat food in order to maintain good .....
    (health, marks, children)
13. .....is a body building food.
    (Maize, Fish, Bread)