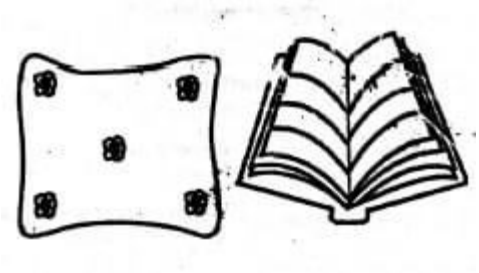
SCHOOL BASED ASSESSMENT HYGIENE AND NUTRITION ACTIVITIES - GRADE 3 EXAMS TERM 1 2023

QUESTIONS

1. Colour a personal item.



2. A handkerchief, can be cleaned using warm water, soap and .....
   (sand, salt, sugar)
3. We use a.....to make our hair neat.
   (comb, nailcutter, handkerchief)

The following foods are taken for breakfast. Name them.

4.  .....
5.  .....
6.  .....
7.  .....
8. Cleanliness of the mouth is also called .....hygiene.
   (physical, oral, body)