COMPETENCY BASED CURICULLUM(CBC)

GRADE 3 YEAR - 2019

HYGIENE & NUTRITION ACTIVITIES

005

Name..... School .....

1. Eating little food can make us _____
[healthy, strong, weak]

2. The insect below causes germs to our food. It is called _____

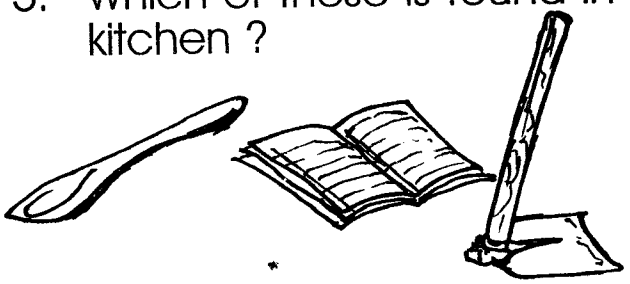


[housefly, bee,tick]

3. Eating fruits and vegetables is a _____habit.
[bad, good, sick]

4. We should wash our hand before _____
[bathing, playing, eating]

5. Which of these is found in the kitchen ?



6. Washing clothes near a river source is _____
[good, clean, bad]

7. You should boil water for drinking is make it _____
[clean, safe, hot]

8. Medicines for external use are applied on the _____
[skin, mouth, eyes]

9. Which one of the following can easily cause poisonig _____
[boiled water, insecticide, cold milk]

10. The remains of food on utensil are _____
[soup,milk, dirt]

11. The fire from the kerosine stove makes the bottom of the sufuria _____
[safe, dirty, clean]

12. Name the food drawn below?



[bread,milk,carrot,meat]

13. Ash is applied in the latrine to remove _____ in latrines.
[cockroaches, flies, bad smell]

14. _____are items we use to cook and put food.
[Furniture, Utensils, Tools]

15. _____is the first help given to a person who is injured.
[First Aid, Ambulance, Bondage]