MENTOR ASSESSMENT EXAM - 2019

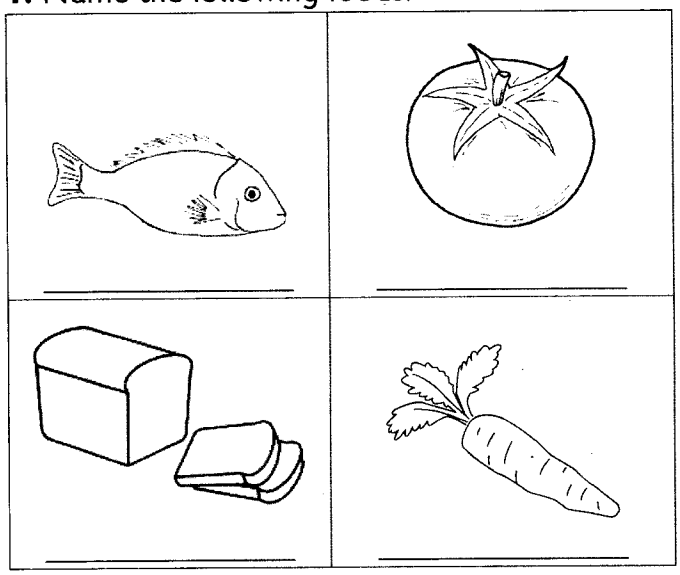
COMPETENCE BASED CURRICULUM

HYGIENE & NUTRITION ACTIVITIES

GRADE 3

Name:_____ **School:**_____ **Date:**_____

1. Name the following foods.



_____ _____

_____ _____

2. Write any three good table manners.

a) _____

b) _____

c) _____

3. Write three foods found near your home.

a) _____

b) _____

c) _____

4. Why do we eat?

a) _____

b) _____

c) _____

5. Write two foods that a hen can give us.

a) _____

b) _____

6. When we do not have a toilet cleaner, we may use _____ water. **(soapy, salty)**

7. We can sprinkle _____ on an earthen floor of a latrine. **(kerosene, ash)**

8. We drink _____ water to avoid diseases. **(clear, safe)**

9. We drink safe water in order to stay _____ . **(poor, healthy)**

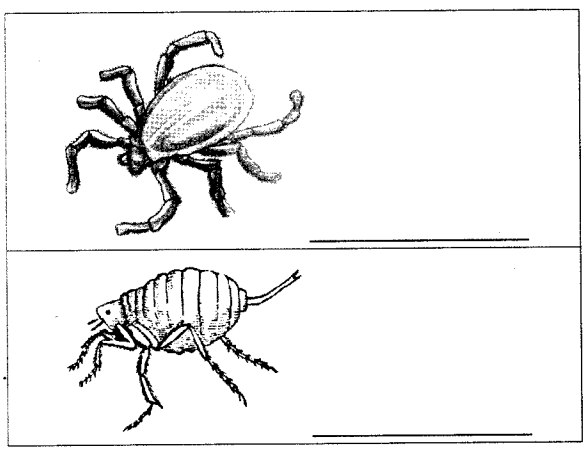
10. We kill internal parasites by taking _____ . **(water, medicine)**

11. Poor oral hygiene is _____ to our health. **(harmful, good)**

12. External parasites are found _____ our bodies. **(outside, inside)**

13. Jiggers are _____ parasites. **(internal, external)**

14. Name the parasites shown below.



_____

_____

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