ENDTERM 1 EXAM

COMPETENCE BASED ASSESSMENTS

MOVEMENT ACTIVITIES - GRADE 3 TERM 1 EXAM 2023

ANSWER ALL QUESTIONS

1. We wear_____uniform when playing. (sports, school)
2. We skip using a_____(rope, log)

   Name 3 body parts involved in skipping
3. _____
4. _____
5. _____
6. What shape can you make while skipping? _____
7. _____is a locomotor movement in which there is a combination of a step and a leap. (leaping, Galloping)
8. Draw yourself skipping in a circle

9. We use our_____to record video of our movement activities. (radio, tablets)

   Study the picture below and answer questions that follow

10. What is the name of the animal
11. What skill does the animal demonstrate?(leaping, galloping)
12. When do people use the skill? (jumping over mud, walking)