## 1.0 Creating and Executing: Drawing and Painting

**Lesson 1: Introduction to Drawing and Painting**

- **Drawing** is using a pencil, crayon, or any tool to make pictures on paper.
- **Painting** is using colors and brushes to make pictures colorful.

**Lesson 2: What is Colour Mixing?**

- **Colour mixing** means mixing two or more colors to create a new color.
- For example, mixing red and yellow makes **orange**.

**Lesson 3: Materials for Colour Mixing**

- We can use watercolors, paints, and brushes to mix colors.
- You also need paper to paint on.

**Lesson 4: Mixing Colours Using Spraying and Blowing Techniques**

- **Spraying**: Put paint in a spray bottle and spray it on paper to mix colors.
- **Blowing**: Use a straw to blow paint drops on paper, making new colors.

**Lesson 5: Drawing with Shapes**

- **Regular shapes**: Circles, squares, triangles.
- **Irregular shapes**: Shapes that don't have equal sides.
- Use these shapes to draw simple pictures like houses, animals, or trees.

**Lesson 6: Painting for Self-Expression**

- **Self-expression** means showing your feelings through your painting.
- Paint a picture that shows how you feel—happy, sad, excited.

**Lesson 7: Appreciating Made Pictures**

- **Appreciate** means to like and understand something.
- Look at the pictures you and your classmates made. Talk about what you like in each picture.

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## 1.0 Creating and Executing: Rhythm and Pattern Making

**Lesson 1: Understanding Sounds**

- **Long sounds**: Sounds that last a long time, like a drumbeat.