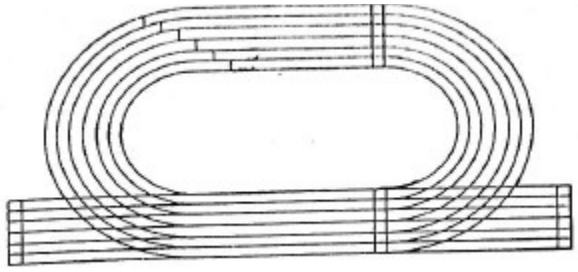
PHYSICAL AND HEALTH EDUCATION ACTIVITIES - CBC GRADE 4 TERM 1 2023

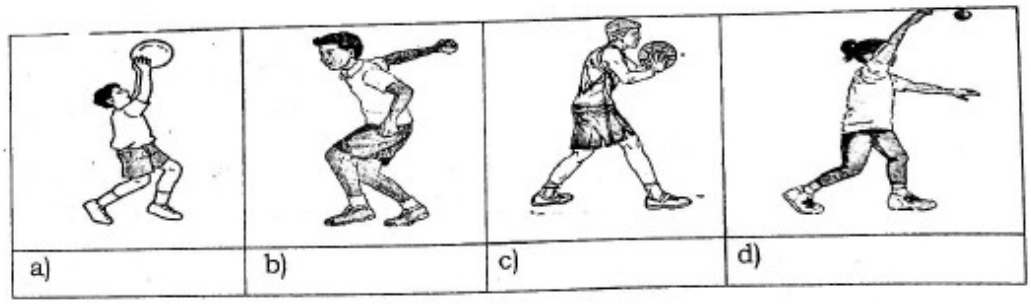
1. Below is 100 and 200metrcs athletic track. Draw the starting and finishing points



2. What is an intercommunity sport .....
3. ..... is respect for teammates and rules in games and sports.
4. The sport drawn below is a .....



5. Write two games that are played by a team.
    a. .....
    b. .....
6. Name four material that can be used to improvise a ball
    a. .....
    b. .....
    c. .....
    d. .....
7. Below are methods of throwing a ball. Name them



8. Name three parts of the foot used to pass a score ball.
    a. .....
    b. .....
    c. .....