GRADE 4 -YEAR 2023 TERM 1 EXAMINATION: HOMESCIENCE AND PHYSICAL HEALTH ACTIVITIES

1.To grow healthy we need
a. _____
b. _____
c. _____
2. Write three games played in our locality
a. _____
b. _____
c. _____
3. Write two qualities of a good play item.
a. _____
b. _____
4. What materials do you need to make a ball?
a. _____
b. _____
c. _____
5. List the safety measures to be observed during play.
a. _____
b. _____
c. _____
d. _____
e. _____
6. Name three common illnesses that affect people in your locality?
a. _____
b. _____
c. _____
7. List two healthy practices which prevent illnesses.
a. _____
b. _____
c. _____
8. We should blow our nose using a
_____
9. Draw, colour and name 5 items we use to clean our home.