Home Science and Physical Health Education - Grade 4
TERM 1 Exam 2023 SET 1

1. Name **two** needs of a child for healthy development
    a. _____
    b. _____
2. List down **three** types of food cooked at home
    a. _____
    b. _____
    c. _____
3. How can **one** take care during play?
    a. _____
    b. _____
    c. _____
4. How is the ball supposed to be taken care of?
    _____
5. Name **two** games played at home
    a. _____
    b. _____
6. What causes illness? _____
7. When buying items used to cook at home in the supermarket one is required to have a _____ to guide him.
8. We need _____ and _____ to clean our homes.
9. How can you tell that your deskmate is unwell?_____
10. To prevent illness, a person should _____
11. Name **two** importances of having a shopping list as a consumer
    a. _____
    b. _____
12. We require _____ and _____ to make a shopping list.
13. Name **two** safety ways we should observe when making improvised materials and tools for cleaning
    a. _____
    b. _____

PHYSICAL HEALTH EDUCATION

1. Name **three** games that you play for fun and enjoyment.
    a. _____
    b. _____
    c. _____
2. The ground or surface that is oval in shape used by athletes is called
    _____