GRADE FOUR TERM 3 CBC EXAMINATION 2022

PHYSICAL HEALTH EDUCATION

1. The place where athletes run and compete is called _____field.(football track, athletic track, running track)
2. Before one starts to run, one must have to (coming up, warming upi eating up)
3. Draw athletic track field.

4. Where people complete using a football, the place is called _____pitch. (football, volleyball, handball)

Questions	Activity to be done	Perfomance	Ratings
5	Two-handed catching		
6	Kneeling, overhead throw		
7	Geeting set -(On to your marks)		
8	Stopping a football		
9	Standing long jump		
10	Get - set - go		

11._____is a tool that is used in the sport of skipping.



12. .....is working together as a team to achieve a given goal. (respect, teamwork, trust)
13. Draw and colour a ball.
14. Which three locally available materials that can be used to improvise a soccer ball.
    a. .....