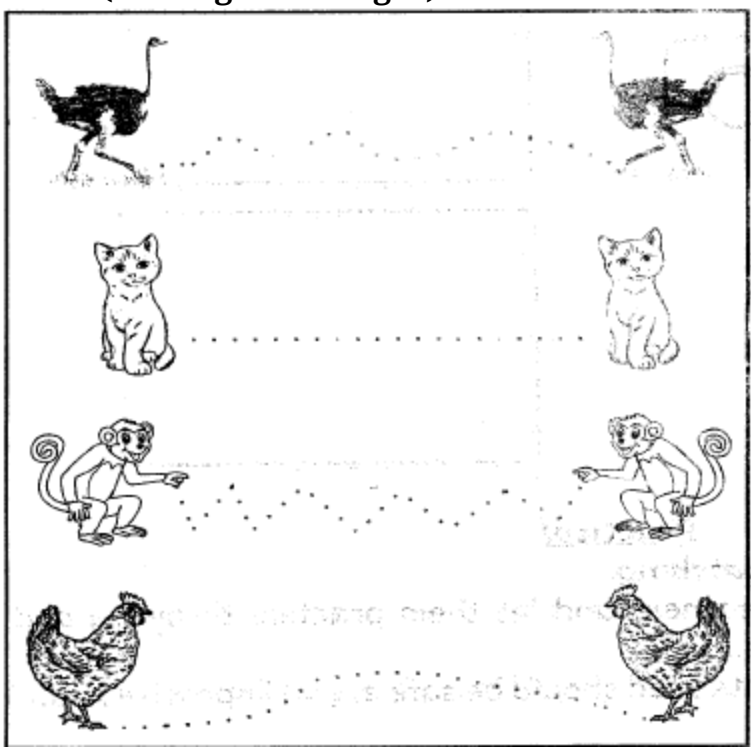
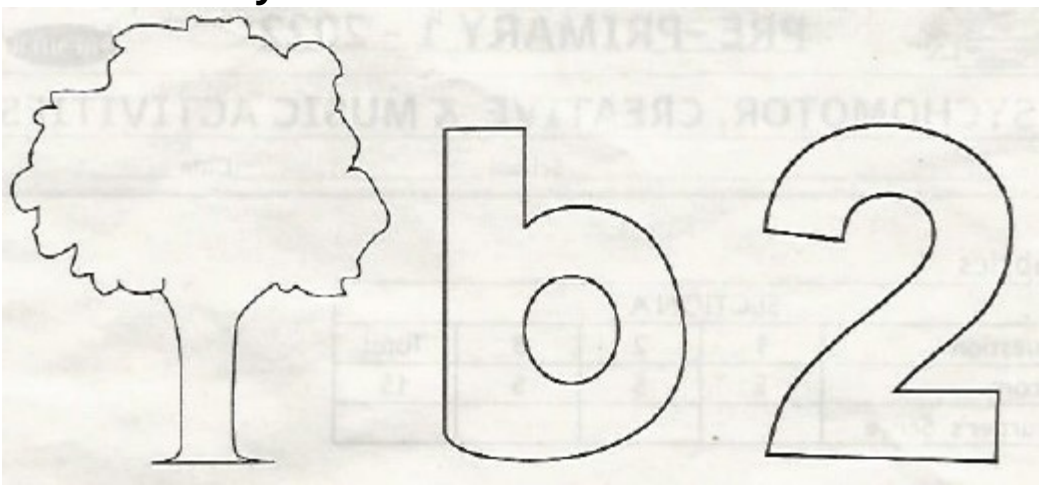
PSYCHOMOTOR ACTIVITIES PP1

Trace (Moving left to right)



Color correctly.



<u>Practical</u>

Throwing and catching

Group the learners and let them practice throwing and catching different objects.
(**Note**: The objects used should be safe e.g an improvised ball.)